

# Emotion

## Learning Objectives

- I can describe how emotions can influence actions.

## Teacher Notes

- This lesson will include pauses that will involve student response or time to design. Please pause the video as instructed for as long as needed.

## Lesson Steps: Video Outline [K.3n Video](#)

### *Step 1 Introduction*

- Pre-Assessment
  - What are some emotions that we feel?
  - This is how I look when I am...
  - Why do you think it is important to know how we are feeling?

### *Step 2 Activity*

- Emotion Roulette - The teacher and students have a choice between 4 emotions to show. If you are showing the same emotion as the teacher you get to give an “Oh Yeah” If you chose an emotion that wasn’t shown, perform the activity that matches the emotion.
  - Joy/Happy = Star Jumps
  - Angry/Mad = Stomping
  - Sad/Upset = Tip Toe
  - Afraid/Worried = Wiggle your body

### *Step 3 Closure*

- Post-Assessment
  - Show an emotion that you are feeling right now.
  - Why do you think it is important to know how we are feeling?

## Assessments

- Pre: Questions will introduce topic, engage learners, and access prior knowledge.
- Post: Teacher will observe student choices to determine level of understanding.



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### **Extensions/Connections/Applications**

- The teacher can modify the activity by adding different gifs for the slides and add other emotions to increase the challenge!

### **Resources/References**

[K.3n Emotion Roulette](#)

### **Handout**

See next page.

## Handout Title

